



Ballarat Little Athletics Club

F E B R U A R Y 1 4 T H 2 0 1 4

Club Notes

We are always looking for helpers.

If you have twenty minutes or the whole morning we will be happy to find you a little job!

Please make yourself available to help at the Region Champs in Feb—we will be hosting 17 other clubs—and there will be plenty of work to do! So book the weekend off now and look forward to helping us make the Regions Championship a great success!

From the Presidents Desk.....

Thanks to Everyone!

Belonging to a Club is a commitment—not only for the individual member, but also for the whole family! Training and events are a large part of the commitment - but improving the equipment and infrastructure we use is also reliant on all our families, and forms a part of the necessary expectation of being part of the club. So how exciting is it that we have something SOOO exciting to use that shows just how dedicated and hard working our families are! Our new gates!! What an amazing amount of planning, research and fundraising has gone into the being able to purchase such a fantastic addition to our equipment! I would like to thank you all for your part in helping us achieve this goal.

Our athletes will benefit from improved timing, and our volunteers will benefit from the easier set up and dismantling requirements. Lets see how they work tomorrow!

Thank you also to our generous sponsors of NAB, Telstra and Athletes Foot.

Of course I want to thank everyone who turned out last week for their chance at fun and fame in the Ballarat Gift. It was an excellent showing from the Club and everyone demonstrated great competitive spirit and excellent sportsmanship. It was a wonderful opportunity to compete alongside some famous athletes! And some of our own athletes became famous in the Courier Newspaper!



Come to Midweek Training
Wednesday 4:40-5:30
At Llanberris Its Free!!

The Athletes Foot Award



This weeks award, kindly donated by Athletes
Foot Bridge Mall goes to:

Isaac Rossato

Isaac was the winner of the U9-11 800m—he worked very hard to
achieve this success and has a terrific attitude in training!

The Athletes Foot Award is presented to an
athlete who has achieved excellent results in
an area of athletics.

This award is not always about wining and/
or records, it can also be about demonstrat-
ing the core values of Little Athletics.

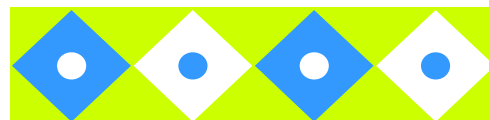


Want to help out with
coaching?

Join in an LA Coaching
Clinic! [HERE](#)



Check out
Little Athletics
Victoria Website
Calendar
[HERE](#)



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Incorporated Club No: A0054601A

Our wonderful Photographs by
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Get our new Team App!



MACDONALD'S AWARDS

For Great Sportsmanship

Boys

Under 7

Under 8

Under 9

Under 10

Under 11

Under 12

Under 13

Under 14

Girls

Under 7

Under 12

Under 13

Under 14

*NO AWARDS THIS WEEK DUE TO THE
GIFT*



**We are hosting the Western Region
Track and Field Championships next
weekend!**

**Come and have a great competition,
but also have lots of fun and remember
to be excellent hosts to the visiting
athletes and their families!**

**It will be very busy, so make sure you
get here early!**