



# Western Country Region Track and Field championships

**When: Sunday, February 19, at Ballarat**

These events are conducted by the WCR in accordance with the LAVIC competition regulations. Medals will be awarded to 1st, 2nd and 3rd placed athletes in every event.

**State championship events**

U9-U15 athletes compete for opportunity to go to State Championships in Bendigo on March 24-25.

**Invitational events**

U6, U7, U8 and U16 athletes may compete at Ballarat but will not progress to Melbourne.

**Entry fees**

\*U9-U15 cost is \$8/event.

\*U6-U8 and U16 cost is \$4/event.

Please note each athlete may select a maximum of 4 events.

	70m	100m	200m	400m	800m	1500m	1100mW	1500mW	60mH	80mH 90mH 100mH*	300mH	LJ	TJ	HJ	SP	DIS	Jav	
6																		
7																		
8																		
9																		
10																		
11																		
12																		
13																		
14																		
15																		
16																		

\*U9-U13 = 80mH

U14G = 80mH, U14B= 90mH, U15-U16G 90mH, U15-U16B 100mH

Invitational – to compete only in Ballarat

**Qualifying standards**

High Jump								Walks							
The heights below are State qualifying heights. Region competition will start 5cm lower. Any athlete that does not jump the set height will not progress to Olympic Park even if they are 1st or 2nd in the event at Region.								Any athlete who does not complete the event within the set time will not progress to Olympic Park even if they are 1st or 2nd at Region							
Age	U9	U10	U11	U12	U13	U14	U15	Event	U9	U10	U11	U12	U13	U14	U15
Girls	0.90m	1.00m	1.10m	1.15m	1.25m	1.30m	1.35m	1100m	1100m	1100m	1500m	1600m	1500m	1500m	1500m
Boys	0.95m	1.10m	1.15m	1.25m	1.30m	1.40m	1.45m	Girls	8.30min	8.00min	10.30min	10.15min	9.45min	9.30min	9.30min
								Boys	8.30min	8.00min	10.30min	10.15min	9.45min	9.30min	9.30min

Return section below with payment to competition co-ordinator or Centre Secretary either at Little Athletics on the last competition day before Christmas or by mail or email before January 14. Check with your Centre Secretary for the address. *Note: Some Centres may ask for an earlier closing date. Please check.*

Competitor(s) name(s)	Age group	Boy/girl	Event 1	Event 2	Event 3	Event 4

Parent(s) name(s):	
Mobile phone:	
Amount paid (U9-U15 \$8/event U6-U8 & U16 - \$4/event):	
Parent/guardian declaration	I understand that my U9-U15 son/daughter will be required to compete at Ballarat on February 19 and (if he/she qualifies) at Bendigo on March 24/25 and I agree to do duty on these days (if required).
Parent/guardian signature:	

**Please Note -** Due to the ongoing problem of fulfilling our allocation of duties/jobs at Region and State Championships, we will require a \$20.00 deposit to be submitted with each family's entry. This money will be refunded when you complete your duty at the Region and State events.