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[www.ballaratlittleathletics.com.au](http://www.ballaratlittleathletics.com.au)
**Club President:** Shane Bicknell

**Secretary:** Jo Edwards

## 11/12 Newsletter Edition 3 – 29/10/11

**Our Mission** - "To be a professionally run club which promotes participation in athletics and provide a framework for continual improvement of all members in a safe, inclusive and family oriented environment."

**Our Vision** - "To be a successful club with a strong and engaged membership achieving personal development as athletes and people."

**Our Values** - \* Personal Development, \* Participation, \* Equality, \* Enjoyment, \* Building friendships

**From the President** – During the week I sent a long but nevertheless important email to members and a few of the more critical aspects are paraphrased here. I apologise for the length but there is a bit to cover.

### FEEDBACK ON THE PROGRAM

Thanks to everyone who provided feedback, we received 16 emails and the common themes were too much waiting around, not enough Team Managers or Team Manager knowledge and too many children in some groups.

Generally even with the best run programs there will be waiting time, but we have some ideas to be discussed further with Team Managers. The key objective is finishing by 11.30am.

Secondly, we have initiated a coaching course with Team Managers and will continue to work on providing knowledge to our Team Managers. Also, we think that 2 Team Managers for about 12 athletes is ideal, so we will be looking to expand our numbers and utilising the knowledge of our experienced Team Managers to assist our new Team Managers. We ask that you consider joining the existing Team Manager group.

Thirdly, for the larger groups of athletes, particularly our younger ones, we have developed strategies and provided resources for the Team Managers to use to maintain the children's involvement. Please continue to send me your ideas and feedback as the season progresses, our goal is to use athletics to help make great kids that turn into outstanding adults.

Regards Shane – 0418 573 436

**Welcome to Week 4.** A reminder that all registrations are now due. Don't forget your \$2 per athlete for track hire to be paid at "Parents Hub" – that's the blue gazebo next to the grandstand.

**PARENTS PLEASE NOTE THERE HAVE BEEN A FEW INSTANCES OF CHILDREN LEFT UNATTENDED DURING THE MEETING. IT IS IMPORTANT FROM BOTH AN INVOLVMENT AND INSURANCE/MEDICAL PERSPECTIVE THAT AT LEAST ONE PARENT/CARER IS IN ATTENDANCE.**

## BALLARAT MULTI EVENT Saturday 29 October

We will be departing from our normal program this week to introduce the inaugural Multi Event Championship. Multi events require athletes to compete in 5 compulsory events with points awarded according to performance. At the completion of all 5 events, all points are tallied and the winners of each age group are determined. Certificates will be awarded to winners, record holders and 2<sup>nd</sup> & 3<sup>rd</sup> placegetters. We will be establishing a new set of Ballarat Little Athletics Centre Records for Multis, boys & girls in each age, so your child could be on the dais or even find themselves crowned as the inaugural Multi record holder!

## ATHLETE'S FOOT AWARD:

Each week The Athlete's Foot Award is donated by **The Athlete's Foot in the Bridge Mall** and is presented to an Athlete who has achieved excellent results in an area of athletics. (and who has not received the award in recent years). Due to last week's washout, there is no award this week.

## McDONALD'S ENCOURAGEMENT AWARDS –

**McDonald's Bakery Hill** donate encouragement awards each week to one person in each age group. Congratulations to this weeks winners and our first for the season. Due to the inclement weather, there are no awards this week, Round 2 winners can collect their certificates from the Canteen.

## DATES TO REMEMBER...

29 Oct	8.30am	Inaugural Ballarat Multi Event	Llanberris
4,5 & 6 Nov		* <i>Victorian All Schools T &amp; F Championships</i> Albert Park	
5 Oct	8.30am	Normal Program (Round 5)	Llanberris
7 Nov		* <i>SSV (Primary) T &amp; F Championships</i> Albert Park	
12 Nov	6.00am – 12.00pm	Lap for the Kids- Relayathon	Llanberris

**If you are heading to SpringFest this weekend call into the Little Athletics site (wearing your uniform) to help demonstrate some of the events or explain what Little Aths is all about. We will have timing gates there – see how fast you can run over 30 meters. (There could be a prize if you can beat Anna Maria!)**



**"During the week I attended the IGA Community Rewards Program and would like to acknowledge Ryan's IGA for the valuable funds they have donated to Little Athletics, not only this year but over preceding years. They are a major contributor to many community organisations and I encourage you to support them in turn." Shane Bicknell.**

Ryan's Supa IGA are proud to support Ballarat Little Athletics through the Ryan's Community Rewards Program.

1. For each \$20 you spend at Ryan's Supa IGA Northway, Pleasant Park or Midvale you will receive a Community Rewards Coin.
2. Place the coin into the Little Athletics Box at the supermarket and Ryan's' will convert our Community Reward Coins into a cheque for us! Thank you IGA!

Check out our website at [www.ballaratlittleathletics.com.au](http://www.ballaratlittleathletics.com.au) for results, events or even our photo gallery. (<http://www.flickr.com/photos/43346494@N08>). Weekly results of competition are also published in the Ballarat Courier (normally Wednesday).